



### Year 3

Progression of skills

#### Netball

Introduce passing, receiving and creating space  
Develop/combine passing and moving  
Combine/develop passing and shooting

#### Tag Rugby

Introduce moving with the ball, passing and receiving  
Introduce tagging  
Create space when attacking  
Develop passing and moving  
Combine passing/moving to create attacking opportunities

#### Cricket

Understand the concept of batting and fielding  
Introduce throwing overarm  
Introduce catching  
Striking with intent

#### Rounders

Introduce to rounders  
Introduce overarm throwing  
Apply overarm and underarm throwing  
Introduce stopping the ball  
Application of stopping the ball in a game

#### Tennis

Introduction tennis, outwitting an opponent  
Creating space to win a point  
Consolidate how to win a game introduce rackets  
Introduce the forehand

### Year 4

Progression of skills

#### Netball

Refine passing and receiving  
Develop passing and dribbling creating space  
Develop passing, moving and shooting  
Refine passing and shooting  
Develop footwork

#### Tag Rugby

Develop passing, moving and creating space  
Apply learning to 3v3 mini games  
Develop defending in game situations  
Combine passing and moving to create an attack and score

#### Cricket

Develop an understanding of batting and fielding  
Introduce bowling underarm  
Develop stopping and returning the ball  
Develop retrieving and returning the ball  
Striking the ball at different angels and speeds

#### Rounders

Develop fielding bowling with a backstop  
Introduce batting; how  
Develop batting; where and why  
Introduce and apply basic fielding tactics

#### Tennis

Developing the forehand  
Creating space to win a point using a racket  
Introduce the backhand  
Applying the forehand and backhand in game situations  
Applying the forehand and backhand creating space to win a point

### Year 5

Progression of skills

#### Netball

Refine passing and receiving  
Apply passing, footwork and shooting into mini games, introduce officiating  
Introduce defending  
Explore the function of other passing styles

#### Tag Rugby

Refine passing and moving to create attacking opportunities  
Explore different passes that can be used to outwit defenders  
Refine defending as a team  
Create and apply defending tactics. Develop officiating

#### Cricket

Refine batting, understand and develop batting and bowling tactics  
Refine fielding stooping, catching and throwing  
Combine bowling and fielding creating and applying tactics  
Introduce umpiring and scoring

#### Rounders

Develop fielding tactics maximising players  
Understand what happens if the batter misses the ball  
Refine fielding tactics, what players where?  
Applying tactics in mini games

#### Tennis

Introduce/develop the volley  
Controlling the game from the serve  
Doubles, understanding and applying tactics to win a pint

### Year 6

Progression of skills

#### Netball

Consolidate keeping possession, develop officiating  
Consolidate defending  
Create, understand and apply attacking/defending tactics in game situations

#### Tag Rugby

Consolidate passing and moving  
Consolidate defending  
Create, understand and apply attacking/defending tactics in game situations  
Consolidate attacking and defending in min games

#### Cricket

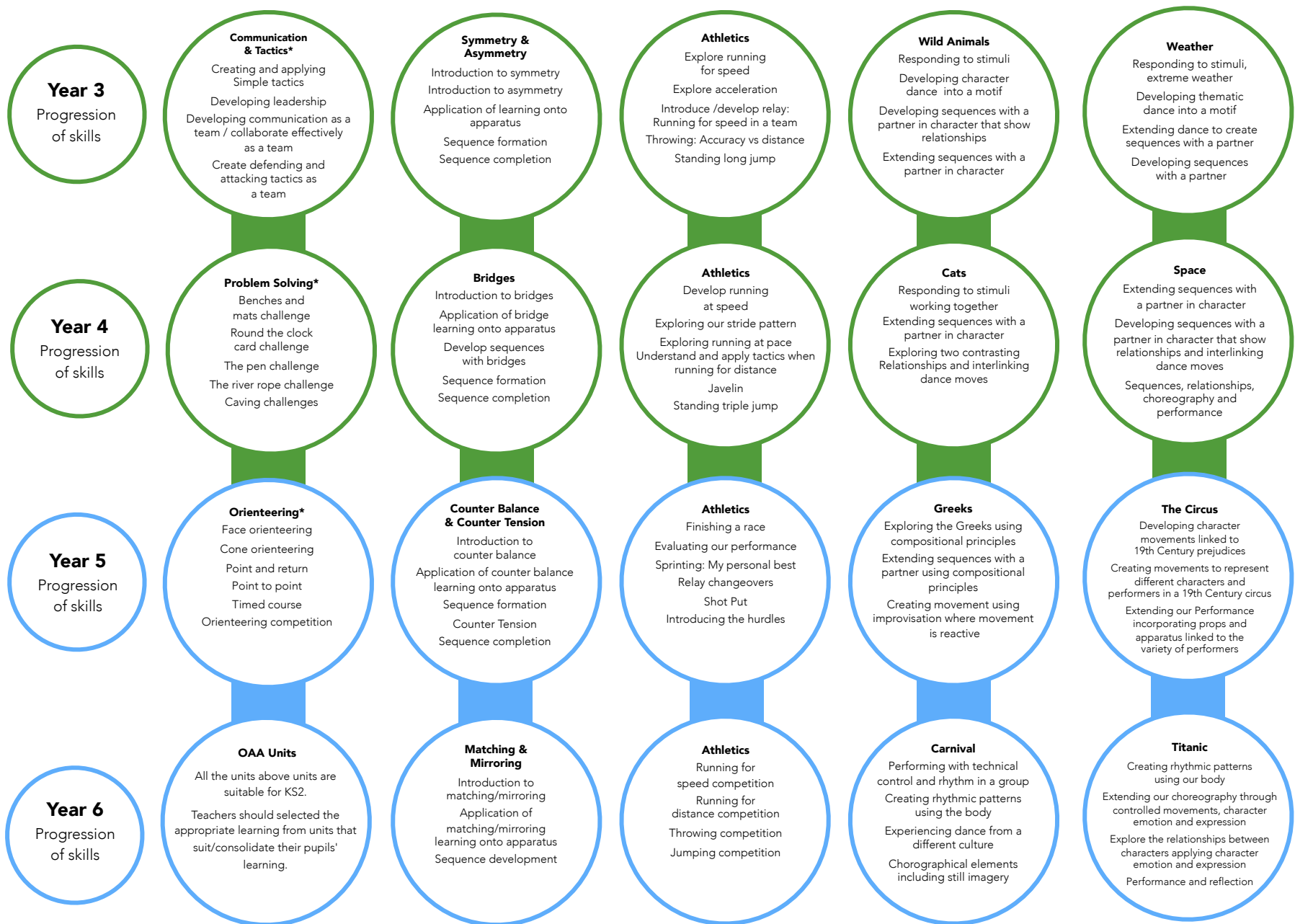
Consolidate batting/fielding/bowling  
Create, understand and apply attacking/defensive tactics in game

#### Rounders

Introduction to full rounders  
Consolidate fielding tactics  
Refine our understanding of what happens if the batter misses or hits the ball backwards  
Batting considerations

#### Tennis

Game application  
Game application, mixed ability doubles, round robin games



**KS2 Progression of Skills**

### Year 3

Progression of skills

#### Health, Wellbeing & Fitness\*

Exploring warm ups  
Continuous training  
Interval training  
\*New unit coming soon.

Badminton units are not available on Complete P.E. for Year 3

### Year 4

Progression of skills

#### Health, Wellbeing & Mindfulness\*

Mental well being  
Mindfulness  
Leadership  
Exploring cool downs  
\*New unit coming soon.

Badminton units are not available on Complete P.E. for Year 4

### Year 5

Progression of skills

#### Health Related Exercise

Cardio Fitness 1  
Flexibility  
Strength  
Cardio Fitness 2

#### Badminton

Exploring different forehand /backhand shots  
Applying different forehand/ backhand shots to win a point  
Consolidate outwitting an opponent  
Doubles: Understanding and applying tactics to win a point

### Year 6

Progression of skills

#### Health Related Exercise

Cardio Fitness 1  
Flexibility  
Strength  
Cardio Fitness 2

#### Badminton

Introduction to badminton:  
Outwitting an opponent  
Introduce the forehand and backhand  
Applying the forehand and backhand: Creating space to win a point  
Controlling the game from the serve