

**Delta Primary School**  
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Thursday 12th February 2025

Dear Parents/ Carers,

**Random Acts of Kindness Week Challenge – 16th - 20th February 2026**



This week your child/children have been taking part in various activities linked to kindness and Children's Mental Health Week. Children attended the 52 Lives Children's Mental Health Week Virtual Assembly. The children have also enjoyed a variety of lessons and activities linked to kindness and this year's Children Mental Health Week theme 'This is my place' which is based around belonging and how we can feel a sense of belonging and help others feel like they belong.

All the children have received the 'Random Acts of Kindness Challenge' to complete during half term. Each day, they will be tasked with doing a specific kind activity and writing about how they felt when they did it. Not only will they be helping other people, they will also be helping themselves because when we're kind it improves our own physical and mental health.

Don't forget to bring all entries back to school after half term on **Monday 23rd February**. We will send all completed entries to 52 Lives School of Kindness in order for the children to have the chance to win the following prizes; A £20 book or toy voucher and a 1 year subscription to the Happy Newspaper plus a kind book bundle for the school.

Kind regards,

Bindya Chapaneri

Head of School