Home Learning Timetable **Year 1**

Week beginning 8.6.20

Monday	Tuesday	Wednesday	Thursday	Friday
Active 10 Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga Suggestions: Joe Wicks 'The Body Coach' Live – Youtube at 9am Cosmic Kids Yoga - Youtube **Mindfulness** Take a minute to remember what really matters to you and why.	**Active 10** Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga Suggestions: Joe Wicks 'The Body Coach' Live – Youtube at 9am Cosmic Kids Yoga - Youtube **Mindfulness** Do something meaningful for someone you really care about.	**Active 10** Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga Suggestions: Joe Wicks 'The Body Coach' Live – Youtube at 9am Cosmic Kids Yoga - Youtube **Mindfulness** Reconnect with nature today, even if you are indoors you can for example, open a window and listen to the birds singing.	**Active 10** Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga Suggestions: Joe Wicks 'The Body Coach' Live – Youtube at 9am Cosmic Kids Yoga - Youtube **Mindfulness** Focus on what you can do rather than what you can't do. Make a list of 5 things you can do.	**Active 10** Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga Suggestions: Joe Wicks 'The Body Coach' Live – Youtube at 9am Cosmic Kids Yoga - Youtube **Mindfulness** Send friends/family members a photo of a time you all enjoyed together. Ask you parent to help you.
Reading Read a book and discuss about what you have read. Challenge: write a blurb (a short summary of the book) Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#	**Reading** Read a book and discuss about what you have read. Challenge: write a blurb (a short summary of the book) Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#	**Reading** Read a book and discuss about what you have read. Challenge: write a blurb (a short summary of the book) Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#	**Reading** Read a book and discuss about what you have read. Challenge: write a blurb (a short summary of the book) Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#	**Reading** Read a book and discuss about what you have read. Challenge: write a blurb (a short summary of the book) Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#
Maths Starter: 1. Practise counting in 2s. 2, 4, 6, ….	**Maths** Starter: 1. Practise finding one more than and one less than the	**Maths** Starter: 1. Practise counting in 2s. 2, 4, 6, ….	**Maths** Starter: 1. Practise finding one more than and one less	**Maths** Starter: 1. Practise counting in 5s. 5, 10, 15…

ACTIVITY: **Solve place value number calculations. See workbook to complete a page a day.**	numbers below. 2 , 4, 6, 8, 10, 12 ACTIVITY: **Solve place value number calculations. See workbook to complete a page a day.**	ACTIVITY: **Solve place value number calculations. See workbook to complete a page a day.**	than the numbers below 10, 15, 20, 25 ACTIVITY: **Solve place value number calculations. See workbook to complete a page a day.**	ACTIVITY: **Solve place value number calculations. See workbook to complete a page a day.**
Handwriting **Practise writing these joined letters like the examples below.** ***ay*** day may say	**Handwriting** **Practise writing these joined letters like the examples below.** ***ea*** sea pea tea	**Handwriting** **Practise writing these joined letters like the examples below.** ***ai*** snail rain pain	**Handwriting** **Practise writing these joined letters like the examples below.** ***ar*** star car far	**Handwriting** **Practise writing these joined letters like the examples below.** ***ch*** chop chip chin
English **Comprehension-** 'The Farmer and his Sons'. **ACTIVITY:** Read the text 'The Farmer and his sons' Research online the role of farmers. Discuss the text with an adult: What is the story about? Are there any words you do not know? Write a list of words that are new to you and identify the meaning.	**English** **Comprehensio**n- Vocabulary Focus: Questions 1 & 2 **ACTIVITY:** Re-read the text from yesterday. Answer the first 2 questions (**Vocabulary Focus**. Remember to use full sentences to answer each question. Can you find the answers and highlight them in the text?	**English** **Comprehension**- Infer, Retrieve, Summarise, Infer and Predict. **ACTIVITY:** Re-read the text from Monday. Answer the last 2 questions.	**English** **Writing –** Research animals that live on a farm. Choose one animal you would like to research further. **ACTIVITY:** create a fact file about the animal. A fact file is real information about the animal.	**English** **Writing:** How did the Polar Bear get lost? Activity: Use template to answer the question. Use your imagination to create your own unique answer. Write in full sentences. • Adjectives i.e. sneaky, strong • Conjunction i.e. and • Full stops • Capital letters • Finger spaces

Spelling **Choose one of the below spelling lists.** **Challenge 1*** **'igh' sound** night, sight, might, flight, sign, high **Common Exception Words** the, a, of **Challenge 2**** **'ee' sound spelt 'ey'** key, donkey, monkey, chimney, valley, turkey, kidney, jockey, trolley, journey **Common Exception Words** do, to, said	**Phonics** **Activity: Complete 'ai' phonics worksheet.**	**Phonics** **Activity-Can you use the 'ai' worksheet from the day before to write your own sentences using these words.**	**Phonics** **Buried treasure 'ai' interactive game.** **Activity: Follow the link to play the game** **https://new.phonicsplay.co.uk/resources/phase/2/buried-treasure** Challenge- Guess the correct 'ai' 'ay' to complete the words below. Sn__ l Pl__ St__ R__n	**Spelling** **Choose one of the below spelling lists.** **Challenge 1*** **Can you write the name of the picture using the correct 'ea' 'ee'** **I like swimming in the _____.** **I can _____ better with my glasses on.** **I like drinking _____.** **I brush my _____ twice a day.**

Topic **Geography** Label the continents of the world on the map. What is a continent? Discuss the different continents. Label the UK on your map of Europe. What does the UK stand for? Locate the capital city, London, by drawing a small dot. Colour and label Kenya on your map of Africa. What is the difference between a continent and a country? Locate the capital city, Nairobi, by drawing a small dot. You can now colour the continents on the answer sheet.	**Topic** **Geography** Look at a picture of London. List the human and physical features that can be seen? What do these terms mean? **Human features mean man-made i.e. buildings** **Physical means natural i.e. rivers** Can you see more physical or human features? Why do you think this is?	**Topic** **Geography** Look at a picture of Nairobi. List the human and physical features that can be seen? **Human mean man-made** **Physical means natural** Compare the physical and human features of both cities, London and Nairobi. How are they similar? How are they different? Write a short paragraph using full sentences.	**Topic** **Geography** What animals are found in the UK? What animals live in Kenya? Make a list. Pick one of your favourite animals from each country and research them. Write down 5 facts that you have learnt about each animal.	**Topic** **Geography** Which country do you live in? **UK-** **Kenya-** Looking at the pictures above: How many seasons do we have here in the UK? Can you name them? How many seasons does Kenya have? Which country experiences warmer temperatures?
Story time Ask your parent/ carer/ sibling to read to you. Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page# Username-Jasmine20 Password-Delta20	**Story time** Ask your parent/ carer/ sibling to read to you. Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page# Username-Jasmine20 Password-Delta20	**Story time** Ask your parent/ carer/ sibling to read to you. Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page# Username-Jasmine20 Password-Delta20	**Story time** Ask your parent/ carer/ sibling to read to you. Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page# Username-Jasmine20 Password-Delta20	**Story time** Ask your parent/ carer/ sibling to read to you. Online books available at: https://www.oxfordowl.co.uk/for-home/find-a-book/library-page# Username-Jasmine20 Password-Delta20

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