



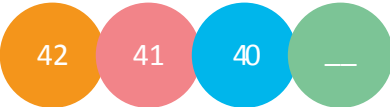
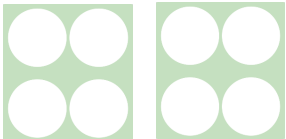


**Year 1 Home Learning Timetable**  
**Week beginning 06.07.20**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Active 10</b>            Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga</p> <p>Suggestions:            Joe Wicks 'The Body Coach' Live – Youtube at 9a.m.            Cosmic Kids Yoga - Youtube</p> <p><b>Mindfulness</b>            Think of three things you are thankful for today.</p> 	<p><b>Active 10</b>            Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga</p> <p>Suggestions:            Joe Wicks 'The Body Coach' Live – Youtube at 9a.m.            Cosmic Kids Yoga - Youtube</p> <p><b>Mindfulness</b>            Do something to make someone smile today.</p> 	<p><b>Active 10</b>            Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga</p> <p>Suggestions:            Joe Wicks 'The Body Coach' Live – Youtube at 9a.m.            Cosmic Kids Yoga - Youtube</p> <p><b>Mindfulness</b>            Find your favourite place to sit in your home and take 3 deep breaths to help you relax.</p> 	<p><b>Active 10</b>            Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga</p> <p>Suggestions:            Joe Wicks 'The Body Coach' Live – Youtube at 9a.m.            Cosmic Kids Yoga - Youtube</p> <p><b>Mindfulness</b>            Tell someone 5 things you are going to improve next year at school.</p> 	<p><b>Active 10</b>            Complete 10 minutes of daily physical activity. This could be jogging, aerobics, dancing or Yoga</p> <p>Suggestions:            Joe Wicks 'The Body Coach' Live – Youtube at 9a.m.            Cosmic Kids Yoga - Youtube</p> <p><b>Mindfulness</b>            Do something fun in the sun today!</p> 
<p><b>Maths</b>            Starter:            What number comes next?</p>  <p>ACTIVITY: <b>Length and mass</b>  <b>To compare lengths and heights of objects</b></p> <p>Oak Academy Lesson 1  <b>See supported learning for website</b></p>	<p><b>Maths</b>            Starter:            What number has Henry missed out?            “thirty, thirty-one, thirty-three...”</p>  <p>ACTIVITY: <b>Length and mass</b>  <b>To measure lengths using non-standard units</b></p> <p>Oak Academy Lesson 2  <b>See supported learning for website</b></p>	<p><b>Maths</b>            Starter:            What number is one less than 18?</p> <p>ACTIVITY: <b>Length and mass</b>            To measure lengths using non-standard units.</p> <p>Oak Academy Lesson 3  <b>See supported learning for website</b></p>	<p><b>Maths</b>            Starter:            What number is shown here?</p>  <p>ACTIVITY: <b>Length and mass</b>            - To begin to understand standard units of measure</p> <p>Oak Academy Lesson 4  <b>See supported learning for website</b></p>	<p><b>Maths</b>            Starter:              14 + 0 = ?</p> <p>ACTIVITY: <b>Length and mass</b>  <b>To problem solve using doubling and halving</b></p> <p>Oak Academy Lesson 5  <b>See supported learning for website</b></p>

<p><b>Handwriting</b> Use the cursive letter poster to keep practising.</p> <p>Can you practise copying the words three different ways? (See Handwriting Day 1 sheet)</p>	<p><b>Handwriting</b> Use the cursive letter poster to keep practising.</p> <p>Can you practise copying the words three different ways? (See Handwriting Day 2 sheet)</p>	<p><b>Handwriting</b> Use the cursive letter poster to keep practising.</p> <p>Can you practise copying the words three different ways? (See Handwriting Day 3 sheet)</p>	<p><b>Handwriting</b> Use the cursive letter poster to keep practising.</p> <p>Can you practise copying the words three different ways? (See Handwriting Day 4 sheet)</p>	<p><b>Handwriting</b> Use the cursive letter poster to keep practising.</p> <p>Can you practise copying the words three different ways? (See Handwriting Day 5 sheet)</p>																																	
<p><b>English</b> <b>Reading/Writing -</b> 'Night Garden'</p> <p><b>ACTIVITY:</b> Read the text</p> <p>Discuss with an adult about the story.</p> <p>Are there any words you don't know? Can you find the meaning to those words?</p>	<p><b>English</b> <b>Reading/Writing -</b> 'Night Garden'</p> <p><b>ACTIVITY:</b> Re-read the text from Monday – Complete questions 1,2 &amp; 3.</p> <p>Can you find the answers and highlight them in the text?</p>	<p><b>English</b> <b>Reading/Writing -</b> 'Night Garden'</p> <p><b>ACTIVITY:</b> Re-read the text from Monday – Complete questions 4&amp;5.</p> <p>Can you find the answers and highlight them in the text?</p>	<p><b>English</b> <b>Reading/Writing -</b> 'Night Garden'</p> <p><b>ACTIVITY:</b> Re-read the text from Monday – Complete questions 6&amp;7.</p> <p>Can you find the answers and highlight them in the text?</p>	<p><b>English</b> <b>Reading/Writing -</b> 'Night Garden'</p> <p><b>ACTIVITY:</b> Re-read the text from Monday – Complete questions 8&amp;9.</p> <p>Can you find the answers and highlight them in the text?</p>																																	
<p><b>Spelling</b></p> <p>Can you write down what you can see?</p> <p>(See spellings Day 1)</p> <table border="1" data-bbox="331 1070 479 1334"> <tr><td>Spellings</td></tr> <tr><td>catch</td></tr> <tr><td>kitchen</td></tr> <tr><td>hutch</td></tr> <tr><td>ditch</td></tr> <tr><td>match</td></tr> <tr><td>fetch</td></tr> <tr><td>notch</td></tr> <tr><td>witch</td></tr> <tr><td>stretch</td></tr> <tr><td>watch</td></tr> </table>	Spellings	catch	kitchen	hutch	ditch	match	fetch	notch	witch	stretch	watch	<p><b>Spelling</b></p> <p>Can you place the correct word to complete the sentence?</p> <p>(See spellings Day 2)</p> <table border="1" data-bbox="748 1070 896 1347"> <tr><td>Spellings</td></tr> <tr><td>catch</td></tr> <tr><td>kitchen</td></tr> <tr><td>hutch</td></tr> <tr><td>ditch</td></tr> <tr><td>match</td></tr> <tr><td>fetch</td></tr> <tr><td>notch</td></tr> <tr><td>witch</td></tr> <tr><td>stretch</td></tr> <tr><td>watch</td></tr> </table>	Spellings	catch	kitchen	hutch	ditch	match	fetch	notch	witch	stretch	watch	<p><b>Spelling</b></p> <p>Use the grid to practise three times or more.</p> <p>(See spellings Day 3)</p> <table border="1" data-bbox="1151 1070 1299 1347"> <tr><td>Spellings</td></tr> <tr><td>catch</td></tr> <tr><td>kitchen</td></tr> <tr><td>hutch</td></tr> <tr><td>ditch</td></tr> <tr><td>match</td></tr> <tr><td>fetch</td></tr> <tr><td>notch</td></tr> <tr><td>witch</td></tr> <tr><td>stretch</td></tr> <tr><td>watch</td></tr> </table>	Spellings	catch	kitchen	hutch	ditch	match	fetch	notch	witch	stretch	watch	<p><b>Phonics</b></p> <p>Lets focus on the 'ai' sound</p> <p>Lets hear the sound 'or' and make a word with this game.</p> <p><b>Buried Treasure</b> <b>See supported learning for website</b></p> <p>Complete activity work sheet (See phonics sheet 1 &amp; 2)</p>	<p><b>Phonics</b></p> <p>Lets re-cap the 'ai' sound. Can you make a list of words you remember that have the 'ai' sound in them? Complete worksheet. (See phonics sheet 1 &amp; 2)</p> <p><b>Spelling</b> Today you will complete your spelling test. Ask your parent/carer/sibling to test you on the spellings you have been practising this week.</p>
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<p><b>Topic</b> <b>Geography</b></p> <p>What is a continent? <b>See supported learning for website</b></p>	<p><b>Topic</b> <b>Science</b></p> <p>What do we know about the weather? <b>See supported learning for website</b></p>	<p><b>Topic</b> <b>History</b></p> <p>What is an explorer? <b>See supported learning for website</b></p>	<p><b>Topic</b> <b>PSHE</b></p> <p>Living in lockdown.  Covid sorting activity (See PSHE activity)</p>	<p><b>Topic</b> <b>ART</b></p> <p>Can you create a picture of the weather today?  Use adjectives to describe your picture to a family member.</p>
<p><b>Story time</b></p> <p>Ask your parent/ carer/ sibling to read to you. Online books available on the Oxford Owl website. <b>See supported learning for website</b></p>	<p><b>Story time</b></p> <p>Ask your parent/ carer/ sibling to read to you. Online books available on the Oxford Owl website. <b>See supported learning for website</b></p>	<p><b>Story time</b></p> <p>Ask your parent/ carer/ sibling to read to you. Online books available on the Oxford Owl website. <b>See supported learning for website</b></p>	<p><b>Story time</b></p> <p>Ask your parent/ carer/ sibling to read to you. Online books available on the Oxford Owl website. <b>See supported learning for website</b></p>	<p><b>Story time</b></p> <p>Ask your parent/ carer/ sibling to read to you. Online books available on the Oxford Owl website. <b>See supported learning for website</b></p>

**Supported learning**

**Maths** - <https://classroom.thenational.academy/subjects-by-year/year-1/subjects/maths>

**Reading** - <https://www.oxfordowl.co.uk/for-home/find-a-book/library-page#>

**Science** - <https://classroom.thenational.academy/lessons/what-do-we-know-about-the-weather>

**History** - <https://classroom.thenational.academy/lessons/what-is-an-explorer>

**Phonics** - <https://www.phonicsplay.co.uk/resources/phase/2/buried-treasure>

**Geography** - <https://classroom.thenational.academy/lessons/what-is-a-continent>