Sam

1. If not treated by a dentist, Sam's toothache could get worse and cause more serious issues.

2. Sam should eat fewer sweets because the sugar is causing harm to their teeth.

3. So that the situation can be resolved quickly, Sam could talk to a parent or trusted adult so that they can make an appointment with the dentist.

Lea

1. If Lea's sister doesn't brush her teeth, it could cause plaque to build up.

2. Lea could tell her sister about the importance of brushing teeth twice a day.

3. Lea could brush her teeth each day at the same times as her sister or help her create a brushing routine poster or chart to remind her. In addition, Lea should let a parent or carer know what is happening, so that they can help with a brushing routine.

Bailey

1. & 2. Bailey shouldn't worry too much, it is normal for teeth to fall out at different times and it happens to children at different stages.

3. Bailey could also let a parent or carer know about his worries so that they can talk them through.

Jesse

1. Using mouthwash and chewing gum can help to prevent plaque from building up.

2. But, as long as Jesse is following a good oral hygiene routine e.g. brushing twice a day for 2 minutes and eating foods lower in sugar, then chewing gum and mouthwash are extras rather than necessities.

3. Jesse could ask for advice from a parent/carer or dentist if not sure what is best for their teeth.

Yasmin

1. Fruit juice is a drink high in sugar (14.7g in one small glass).

2. Yasmin should ensure she is drinking the recommended daily limit of 150ml (small glass) of fruit juice a day.

3. Yasmin could also let a parent or carer know about the sugar content of juice.

Mohammed

1. Mohammed should have his tooth taken out to avoid the problem getting worse.

2. & 3. It could help Mohammed to talk to a parent, carer or trusted adult about how he is feeling.

4. Mohammed's parent could let the dentist know he is feeling nervous so that they can take him through the appointment slowly, and reassure him about what to expect.