

★★★ Number on Map	Name of Area	Height of Highest Peak
1	<i>Dartmoor</i>	<i>621m</i>
2	<i>Pennines</i>	<i>893m</i>
3	<i>Sperrin Mountains</i>	<i>678m</i>
4	<i>Northwest Highlands</i>	<i>1181m</i>
5	<i>Grampian Mountains</i>	<i>1345m</i>
6	<i>Southern Uplands</i>	<i>840m</i>
7	<i>Cumbrian Mountains</i>	<i>978m</i>
8	<i>North Yorkshire Moors</i>	<i>454m</i>
9	<i>Cambrian Mountains</i>	<i>1085m (or 892m if Snowdonia is marked separately on your maps)</i>
10	<i>Brecon Beacons</i>	<i>886m</i>